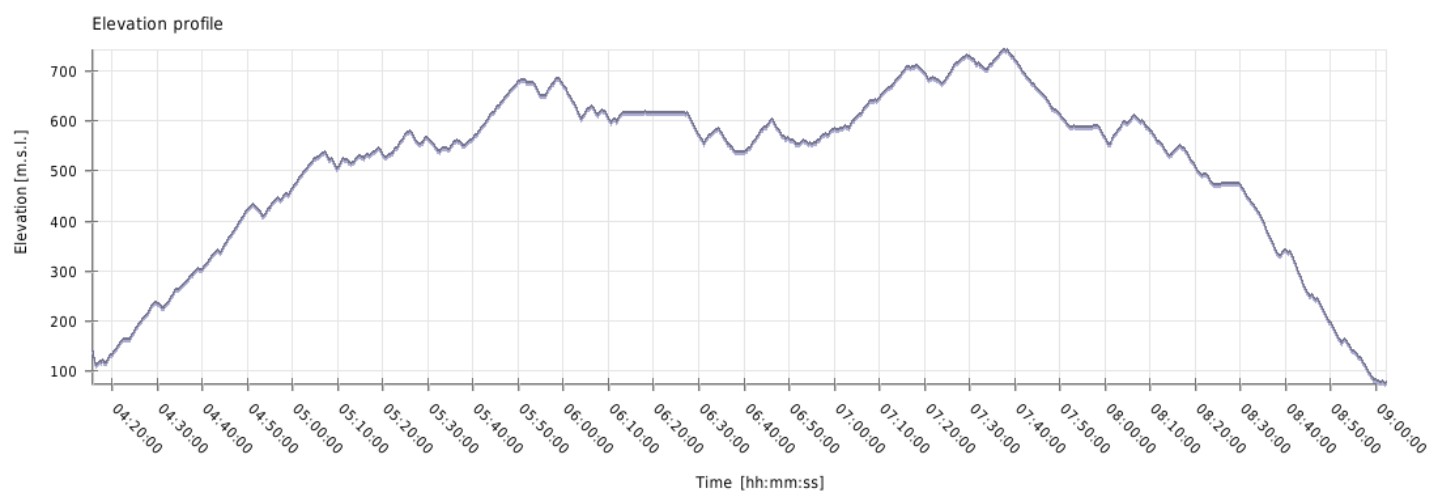
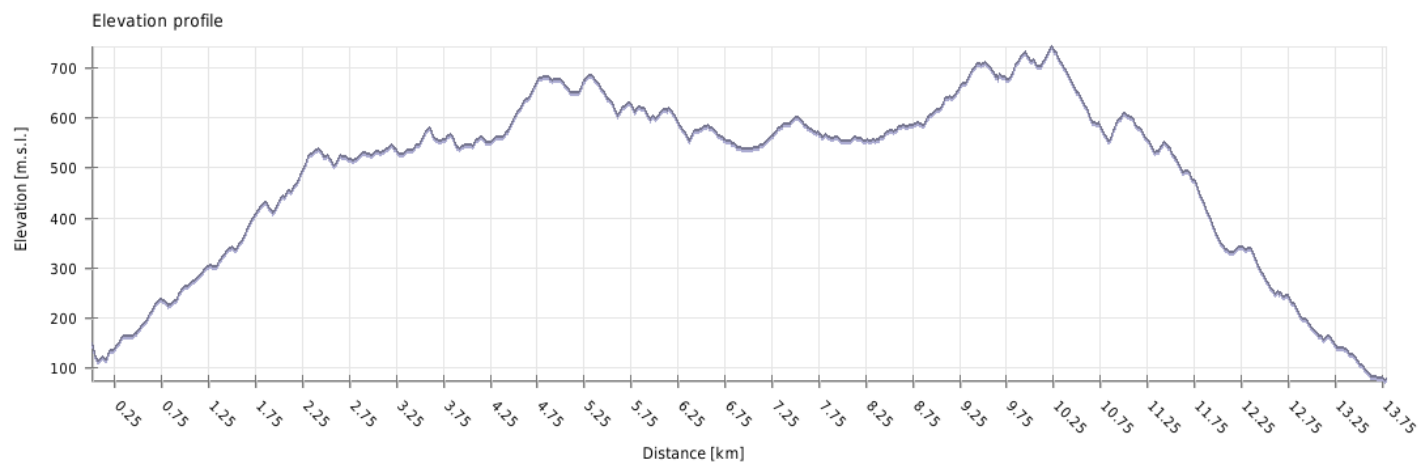
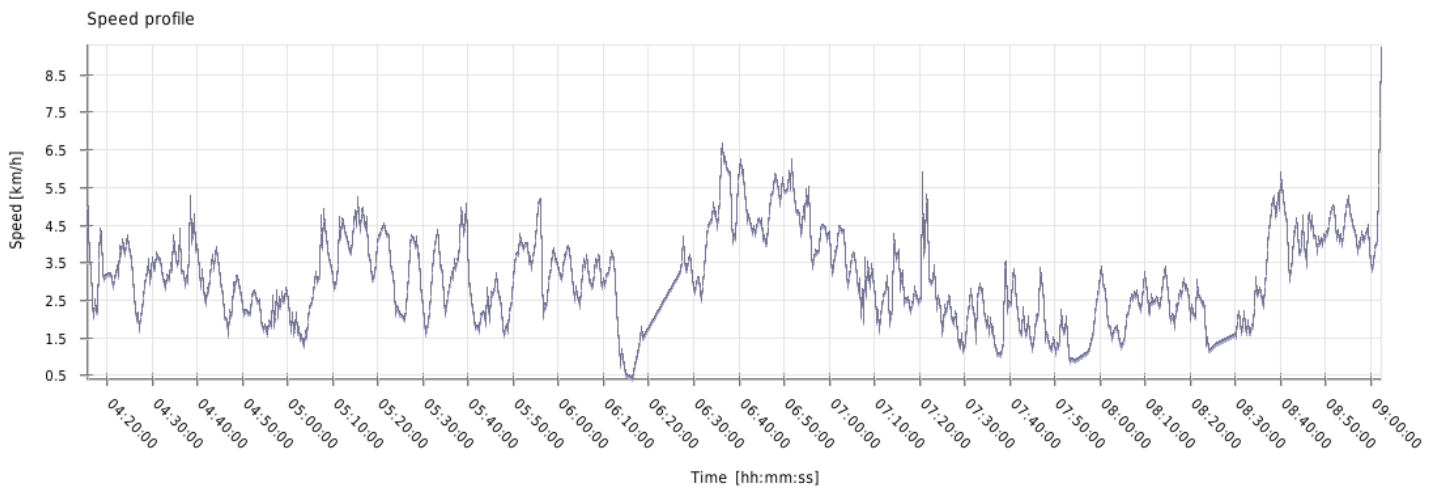
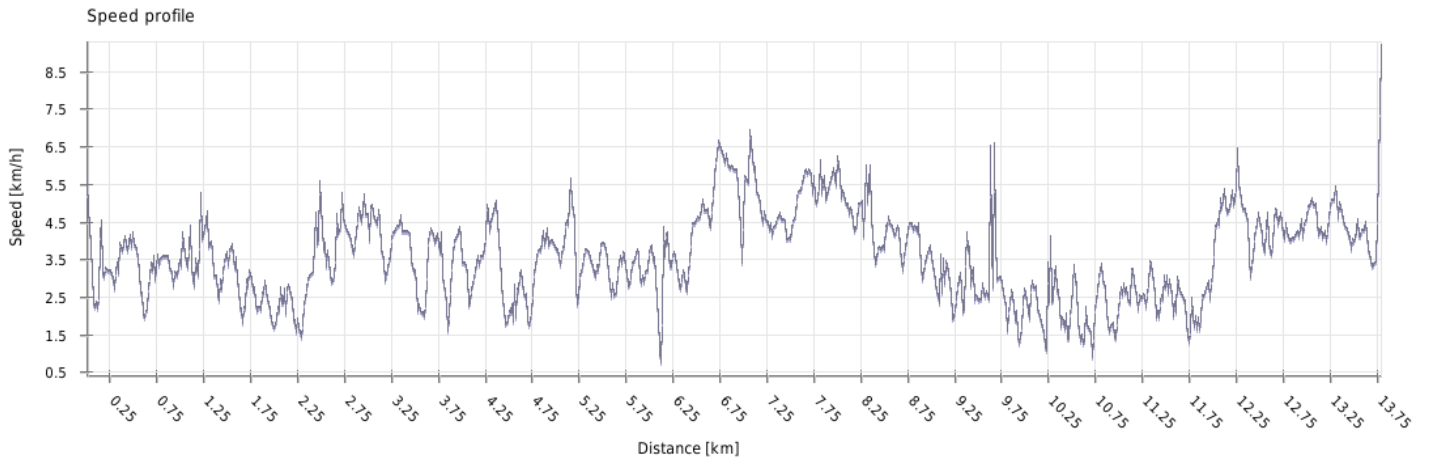


Elevation



Minimum elevation:	75 m.s.l.
Maximum elevation:	741 m.s.l.
Average elevation:	496.6 m.s.l.
Maximum difference:	666 m
Total climbing:	1460 m
Total descent:	1537 m
Start elevation:	155.4 m.s.l.
End elevation:	78 m.s.l.
Final balance:	-77.4 m

Speed

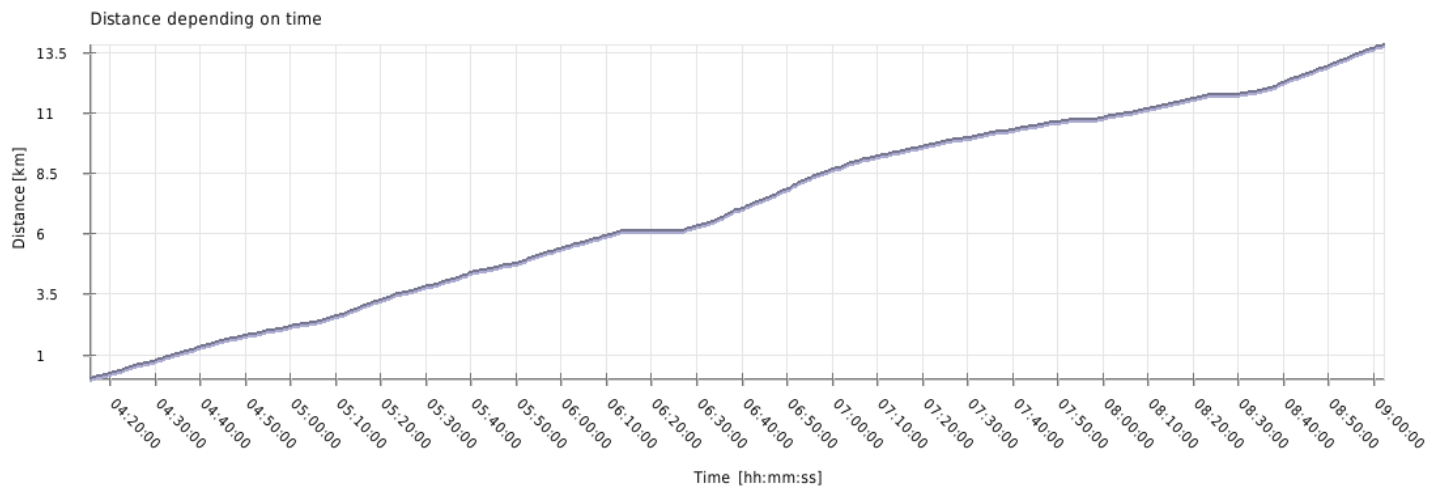


Minimum speed:	0.4 km/h
Maximum speed:	9.3 km/h
Average climbing speed :	4.7 km/h
Average descent speed :	4.7 km/h
Average flat speed:	5.2 km/h
Average speed:	4.8 km/h

Time

Date of track:	31.12.2008
Start time:	04:15:30
End time:	09:02:24
Total track time:	4h 46m 54s
Climbing time:	2h 19m 20s
Descent time:	2h 08m 53s
Flat time:	18m 41s

Distance



Total flat distance:	13.1 km
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Total real distance:	13.8 km
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Climbing distance:	6.6 km
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Descent distance:	6.1 km
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Flat distance:	1.1 km
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